How do we find $c_a(t)$ and $c_b(t)$? Requiring that the time DEPENDENT Sch. Eq. be satisfied.

$$H\Psi = i\hbar \frac{\partial \Psi}{\partial t} \qquad \qquad H = H^0 + H'(t)$$

Recalling $\Psi(t) = c_a(t)\psi_a e^{-iE_at/\hbar} + c_b(t)\psi_b e^{-iE_bt/\hbar}$ we simply plug this state into the Sch. Eq. above:

Time-independent Hamiltonian V like usual hydrogen atom. $c_a[H^0\psi_a]e^{-iE_at/\hbar} + c_b[H^0\psi_b]e^{-iE_bt/\hbar} + c_a[H'\psi_a]e^{-iE_at/\hbar} + c_b[H'\psi_b]e^{-iE_bt/\hbar}$

$$=i\hbar \Big[\dot{c}_{a}\psi_{a}e^{-iE_{a}t/\hbar} + \dot{c}_{b}\psi_{b}e^{-iE_{b}t/\hbar} + c_{b}\psi_{b}\left(-\frac{iE_{b}}{\hbar}\right)e^{-iE_{b}t/\hbar}\Big]$$

$$+ c_{a}\psi_{a}\left(-\frac{iE_{a}}{\hbar}\right)e^{-iE_{a}t/\hbar} + c_{b}\psi_{b}\left(-\frac{iE_{b}}{\hbar}\right)e^{-iE_{b}t/\hbar}\Big]$$
The dot means $dc_{a}(t)/dt$ or $dc_{b}(t)/dt$

Time dependent coefficients.

Rewriting the formula we can notice some cancellations.

$$c_{a}[H^{0}\psi_{a}]e^{-iE_{a}t/\hbar} + c_{b}[H^{0}\psi_{b}]e^{-iE_{h}t/\hbar} + c_{a}[H'\psi_{a}]e^{-iE_{a}t/\hbar} + c_{b}[H'\psi_{b}]e^{-iE_{h}t/\hbar}$$

$$= i\hbar \Big[\dot{c}_{a}\psi_{a}e^{-iE_{a}t/\hbar} + \dot{c}_{b}\psi_{b}e^{-iE_{h}t/\hbar} + c_{b}\psi_{b}\Big(\frac{iE_{b}}{\hbar}\Big)e^{-iE_{h}t/\hbar}\Big]$$

Then, the long original equation simplifies to:

$$c_a[H'\psi_a]e^{-iE_at/\hbar} + c_b[H'\psi_b]e^{-iE_bt/\hbar} = i\hbar \left[\dot{c}_a\psi_a e^{-iE_at/\hbar} + \dot{c}_b\psi_b e^{-iE_bt/\hbar}\right]$$

As often done, we will now exploit the orthogonality

$$\langle \psi_a | \psi_b \rangle = \delta_{ab}$$

Consider the inner product with $\langle \psi_a |$ and then the inner product with $\langle \psi_b |$:

Then, we obtain two equations:

$$c_a \langle \psi_a | H' | \psi_a \rangle e^{-iE_a t/\hbar} + c_b \langle \psi_a | H' | \psi_b \rangle e^{-iE_b t/\hbar} = i\hbar \dot{c}_a e^{-iE_a t/\hbar}$$
$$c_a \langle \psi_b | H' | \psi_a \rangle e^{-iE_a t/\hbar} + c_b \langle \psi_b | H' | \psi_b \rangle e^{-iE_b t/\hbar} = i\hbar \dot{c}_b e^{-iE_b t/\hbar}$$

Reorder and use the following compact notation:

$$H_{ij}' \equiv \langle \psi_i | H' | \psi_j \rangle$$

$$\dot{c}_{a} = -\frac{i}{\hbar} \left[c_{a} H'_{aa} + c_{b} H'_{ab} e^{-i(E_{b} - E_{a})t/\hbar} \right]$$

$$\dot{c}_{b} = -\frac{i}{\hbar} \left[c_{b} H'_{bb} + c_{a} H'_{ba} e^{i(E_{b} - E_{a})t/\hbar} \right]$$

Note sign difference.

This system of two coupled equations for the coefficients $c_a(t)$ and $c_b(t)$ is totally equivalent to solving the time dependent Sch. Eq. for a two states system, even if H' is not small. If you wish to include more states, then more equations are generated, as many as coefficients i.e. as many as states.

Moreover, as you will see, often the diagonal matrix elements H'_{aa} and H'_{bb} are 0. E.g. an electric field arises from a potential that is "odd": $H' = -q E_{0Z} \cos(\omega t)$. "Diagonal" matrix elements will cancel.

Then, in practice often the system of equations simplifies further to:

$$\dot{c}_{a} = -\frac{i}{\hbar} H'_{ab} e^{-i\omega_{0}t} c_{b}, \quad \dot{c}_{b} = -\frac{i}{\hbar} H'_{ba} e^{i\omega_{0}t} c_{a},$$
where $\omega_{0} \equiv \frac{E_{b} - E_{a}}{\hbar}$ with $E_{b} \ge E_{a}$, so $\omega_{0} \ge 0$

Δ

This system of two coupled equations for the coefficients $c_a(t)$ and $c_b(t)$ is totally equivalent to solving the time dependent Sch. Eq. for a two states system, even if H' is not small. If you wish to include more states, then more equations are generated, as many as coefficients i.e. as many as states.

Moreover, as you will see, often the diagonal matrix elements H'_{aa} and H'_{bb} are 0. E.g. an electric field arises from a potential that is "odd": $H' = -q E_{0Z} \cos(\omega t)$. "Diagonal" matrix elements will cancel.

Then, in practice often the system of equations simplifies further to:

$$\dot{c}_{a} = -\frac{i}{\hbar} H'_{ab} e^{-i\omega_{0}t} c_{b}, \quad \dot{c}_{b} = -\frac{i}{\hbar} H'_{ba} e^{i\omega_{0}t} c_{a},$$
where $\omega_{0} \equiv \frac{E_{b} - E_{a}}{\hbar}$ with $E_{b} \ge E_{a}$, so $\omega_{0} \ge 0$

Δ

For "b", we find a nontrivial result:

$$\frac{dc_b^{(1)}}{dt} = -\frac{i}{\hbar}H'_{ba}e^{i\omega_0 t} \Rightarrow c_b^{(1)} = -\frac{i}{\hbar}\int_0^t H'_{ba}(t')e^{i\omega_0 t'} dt'$$

To obtain something nontrivial for the "a" state, we need another iteration in H':

$$\frac{dc_{a}^{(2)}}{dt} = -\frac{i}{\hbar} H'_{ab} e^{-i\omega_{0}t} \left(-\frac{i}{\hbar}\right) \int_{0}^{t} H'_{ba}(t') e^{i\omega_{0}t'} dt' \Rightarrow$$

$$c_{a}^{(2)}(t) = 1 - \frac{1}{\hbar^{2}} \int_{0}^{t} H'_{ab}(t') e^{-i\omega_{0}t'} \left[\int_{0}^{t'} H'_{ba}(t'') e^{i\omega_{0}t''} dt''\right] dt'$$

We could continue the process, but this is sufficient. Please read in book pages 406-407 the discussion about the normalization and the apparent problem that the normalization to 1 is not respected. But it is respected at the order of H' you are keeping.

11.1.3: Sinusoidal Perturbation

Consider, very common, perturbations where the space and time component are separated in factors:

$$H'(\mathbf{r}, t) = V(\mathbf{r})\cos(\omega t)$$

$$H'_{ab} = V_{ab} \cos(\omega t)$$
 $V_{ab} \equiv \langle \psi_a | V | \psi_b \rangle$

Then, in this case, at order 1, we find exactly for the b coefficient:

$$c_{b}(t) \cong -\frac{i}{\hbar} V_{ba} \int_{0}^{t} \cos(\omega t') e^{i\omega_{0}t'} dt' = -\frac{i V_{ba}}{2\hbar} \int_{0}^{t} \left[e^{i(\omega_{0}+\omega)t'} + e^{i(\omega_{0}-\omega)t'} \right] dt'$$
$$= -\frac{V_{ba}}{2\hbar} \left[\frac{e^{i(\omega_{0}+\omega)t} - 1}{\omega_{0}+\omega} + \frac{e^{i(\omega_{0}-\omega)t} - 1}{\omega_{0}-\omega} \right]$$

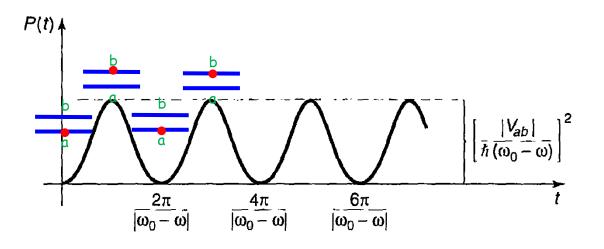
Another simplification. Work near resonance and drop the first term.

$$c_b(t) \cong -\frac{V_{ba}}{2\hbar} \frac{e^{i(\omega_0 - \omega)t/2}}{\omega_0 - \omega} \left[e^{i(\omega_0 - \omega)t/2} - e^{-i(\omega_0 - \omega)t/2} \right]$$
$$= -i \frac{V_{ba}}{\hbar} \frac{\sin[(\omega_0 - \omega)t/2]}{\omega_0 - \omega} e^{i(\omega_0 - \omega)t/2}.$$

The transition probability for the transition from "a" to "b" is a sinusoidal function of time that can be large near resonance, even with a small perturbation V_{ba} .

$$P_{a \to b}(t) = |c_b(t)|^2 \cong \frac{|V_{ab}|^2}{\hbar^2} \frac{\sin^2[(\omega_0 - \omega)t/2]}{(\omega_0 - \omega)^2}$$

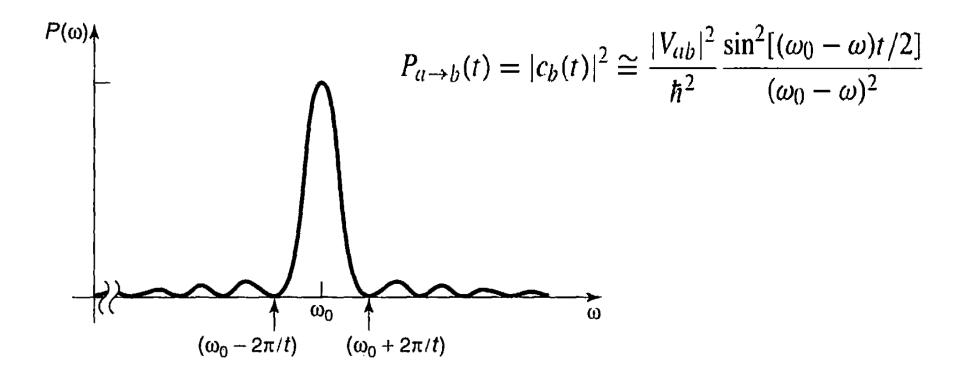
Note: $sin(x)/(x) \rightarrow 1$ when $x \rightarrow 0$, so $\omega \rightarrow \omega_0$ is not a divergence.



The amplitude, meaning how likely is the transition from "a" to "b", is regulated by both the perturbation strength hidden in V_{ba} and also by how close to resonance we are. If the amplitude exceeds 1, then the formula is too crude and needs to be improved ...

Moreover, the probability is sinusoidal. The particle can absorb energy and go up, or release energy and come down.

At times $t_n = 2n\pi/|\omega_0 - \omega|$ where n=1,2,3, ... the electron is back in the lower state "a" with 100% chance. Thus, often it is better to turn off the external field, after a time sufficient to excite the electron, if you wish to keep the electron in the upper state. Plotting results at a fixed time, as a function of frequency, make more clear that near resonance the probability is maximized.



Near resonance, $\sin^2[(\omega_0 - \omega)t/2] \sim [(\omega_0 - \omega)t/2]^2$

At resonance, amplitude grows like t^2 so eventually the transition will surely occur.